

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Alfredo Sauce - TR100577					C				
Apple Cinnamon Breakfast Bites - TR100561		C			C		C	P	C
Apple Fruit Pocket - TR100562							C		C
Bacon Cheeseburger - TR100242					C		C		C
Baked Potato, Plain - TR100581									
BBQ Turkey Sandwich - TR100582							C		C
Bean and Cheese Burrito - TR100516					C		C		C
Beef Fingers w/ Breadstick - TR100273							C		C
Beef Fingers w/ Roll - TR100418							C		C
Blueberry Muffin w/ String Cheese - TR100500		C					C		C
Breakfast Boat, Egg & Turkey Bacon - TR100617		C			C		C		C
Sausage & Egg Breakfast Boat - TR100571		C			C		C		C
Breakfast Burrito (P) - TR100045		C			C		C		C
Breakfast Muffin Sandwich - TR100397					C		C		C
Breakfast Pizza - TR100517		MC			C		C		C
Buffalo Chicken Strips w/ Baked Doritos - TR100300							C		C
Cheese Enchiladas w/ Fiesta Rice - TR100421					C		C		C
Cheese Lasagna - TR100203					C		C		C
Cheese Nachos - TR100595					C				
Cheese Pizza Bagel Bites - TR100453		P			C		C		C
Cheese Quesadilla - TR100192		C			C		C		C
Cheese Ravioli w/ Garlic Toast - TR100313					C		C		C
Cheese Sandwich on Bun 15-16 - TR100466					C		C		C
Cheeseburger - TR100207					C		C		C
Cheeseburger - TR100198					C		C		C

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Chef Salad w/ Grilled Chicken & Croissant - TR100406		C			C		C		C
Chef Salad w/ Popcorn Chicken & Croissant - TR100407		C			C		C		C
Chicken Alfredo on Penne Pasta - TR100305		P			C		C		C
Oven Fried Chicken Drumstick w/ Roll - TR100551									C
Oven Fried Chicken Drumstick w/ Biscuit - TR100552									C
Chicken Fajita Meat - TR100555					C		C		
Baked Chicken Fried Steak w/ Biscuit - TR100303					C		C		C
Chicken Nuggets - TR100622							C		C
Chicken Nuggets w/ Roll - TR100327							C		C
Chicken Nuggets w/ Roll - TR100275							C		C
Chicken Parmesan - TR100576					C		C		C
Chicken Patty Sandwich - TR100208							C		C
Chicken Pizza Quesadilla - TR100187					C		C		C
Chicken Sticks w/ Roll - TR100304							C		C
Chicken Sticks - TR100061							C		C
Chicken Tenders w/ Garlic Toast - TR100287							C		C
Chicken Tenders (Elem) - TR100621							C		C
Chicken Tenders w/ Roll - TR100314							C		C
Chicken Tostada w/ Fiesta Rice - TR100447					C		C		
Chili & Cheese Nachos (Sec) 16-17 - TR100597					C		C		C
Chili & Cheese Nachos w/ Fiesta Rice - TR100382					C		C		C
Chili and Cheese Nachos (Elem) 16-17 - TR100596					C		C		C
Chili Dog - TR100387							C		C
Cinnamon Coffee Cake - TR100532		C			C		C		C
Cinnamon Glazed French Toast - TR100593		C			C		C		C

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Cinnamon Glazed French Toast - TR100400		C			C		C		C
Corndog w/ Macaroni & Cheese - TR100279		C					C		C
Mini Corndogs - TR100075		C					C		C
Crispy Chicken Rings w/ Baked Doritos - TR100299							C		C
Crispy Chicken Rings - TR100416							C		C
Deli Turkey Ham on Bun - TR100213							C		C
Deli Turkey on Bun - TR100214							C		C
Edamame Kung Pao Chicken - TR100573		C					C		C
Edamame Kung Pao Chicken w/ Asian Noodles - TR100607		C					C		C
Fish Nuggets w/ Macaroni & Cheese - TR100278			C		C		C		C
French Bread Cheese Pizza - TR100077					C		C		C
French Toast Sticks - TR100401		C			C		C		C
French Toast Sticks w/ Sausage Patty - TR100543		C			C		C		C
Grilled Cheese Sandwich - TR100426					C		C		C
Grilled Chicken Sandwich - TR100220							C		C
Gripz - TR100094					C		C		C
Hamburger - TR100221							C		C
Jalapeno Beef Grab Wraps - TR100592					C		C		C
Lasagna w/ Breadstick - TR100618					C		C		C
Macaroni & Cheese w/ Mini Pretzel - TR100380		C			C				C
Meat Sauce (BYO) 16-17 - TR100578							C		C
Mediterranean Hummus Box - TR100491					C		C		C
Mini Bagels w/ Strawberry Cream Cheese - TR100497					C		C		C
Mini Cinnis - TR100107					C		C		C
Mini Maple Pancakes - TR100369		C			C				C

Allergen information posted is based on information that KISD Nutrition and Food Services currently has on file. Allergen information is subject to change based on changes from manufacturers. Katy ISD is not always notified of these changes. Allergen information posted is for parent and student information. Katy ISD Nutrition and Food Services does not monitor any a la carte purchases for allergens for any student.

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Mozzarella Cheese Sticks - TR100114					C		C		C
Muffin Top w/ Yogurt - TR100449		C			C		C		C
Orange Chicken - TR100572		C					C		C
Orange Chicken w/ Asian Rice - TR100281		C					C		C
Orange Chicken w/ Brown Rice - TR100318		C					C		C
Orange Muffin w/ String Cheese - TR100507		C			C		C		C
Oven Fried Chicken w/ Roll - TR100284		C							C
Pan Cheese Pizza - TR100123					C		C		C
Alpha Cheese Pizza - TR100290					C		C		C
Pan Cheese Pizza - TR100537					C		C		C
Pan Pepperoni Pizza - TR100124					C		C		C
Alpha Pepperoni Pizza (P) - TR100195					C		C		C
Pan Pepperoni Pizza - TR100538					C		C		C
Pancake Sausage Sandwich - TR100525		C			C		C		C
PBJ Bistro Box w/ Craisins - TR100616						C	C		C
PBJ Bistro Box - TR100587						C	C		C
Penne Pasta - 1/2 cup (BYO) 16-17 - TR100579		P							C
Primo Cheese Pizza - TR100589					C		C		C
Primo Pepperoni Pizza - TR100590					C		C		C
Stuffed Crust Cheese Pizza - TR100347					C		C		C
Popcorn Chicken w/ Breadstick - TR100514					C		C		C
Poptart w/ Yogurt - TR100501							C		C
Protein Bistro Box - TR100588					C	C	C		C
Protein Bistro Box - TR100620					C	C	C		C
Provolone Sub Sandwich - TR100565		MC			C		C		C

Allergen Chart

Serving Date: 5/1/2017 - 6/2/2017

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Rotini w/ Meat Sauce & Garlic Toast - TR100377		P					C		C
Rotini Pasta - 1/2 cup (BYO) 16-17 - TR100580		P							C
Rotini w/ Meat Sauce & Garlic Toast - TR100378		P					C		C
Sausage Biscuit - TR100248					C		C		C
Sausage Kolache - TR100524		C			C		C		C
Sausage Kolache - TR100614		C			C		C		C
Sausage Patty - TR100149									
Apple Cinnamon Scone - TR100399		P			C				C
Cranberry Orange Scone - TR100398		P			C				C
SD - Baked Potato w/ Cheese (1oz) 15-16 - TR100535					C				
SD - BBQ Turkey (No Bun) - TR100610									
SD - Beef Patty w/ Cheese, No Bun (Elem) - TR100611					C		C		
SD - Beef Patty w/ Cheese, No Bun (Sec) - TR100612					C		C		
Breaded Beef Fingers - TR100391							C		C
SD - Chicken Nuggets Elem (5 ea) 16-17 - TR100613							C		C
Chicken Tenders - TR100062							C		C
SD - Hamburger Bun, Wheat 4" 16-17 - TR100181							C		C
SD - Hot Dog 16-17 - TR100536									
SD - PediaSure w/ Fiber (8oz can) 16-17 - TR100467					C		C		
SD-Baked Potato 16-17 - TR100361									
Beef Patty, Elementary - TR100443									
SD-Beef Patty, Secondary, 3 oz. 16-17 - TR100392									
SD-Chicken Patty 16-17 - TR100428							C		C
SD-Garden Salad w/ Deli Turkey 15-16 - TR100434									
SD-Garden Salad w/ Grilled Chicken 15-16 - TR100436							C		

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Entree									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
SD-Turkey Breast Meat 16-17 - TR100363									
SD-Turkey Ham 16-17 - TR100362									
Spicy Chicken Patty Sandwich - TR100233							C		C
Spicy Chicken Sub Sandwich - TR100564		MC			MC		C		C
Spicy Popcorn Chicken w/ Breadstick - TR100531		C					C		C
Spicy Sichuan Chicken w/ Asian Noodles - TR100295		C					C		C
Stir Fried Edamame (3.3oz) (BYO) 16-17 - TR100575							C		C
Strawberry Pancakes w/ Sausage Patty - TR100547		C			C				C
Stuffed Crust Cheese Pizza - TR100161					C		C		C
Stuffed Crust Pepperoni Pizza - TR100162					C		C		C
Taco Meat, LS (1.75oz) - BYO 16-17 - TR100556							C		C
Teriyaki Chicken w/ Asian Rice - TR100283							C		C
Thai Sweet Chili Chicken - TR100533							C		C
Sliced Turkey - TR100615									
Turkey Ham Sub Sandwich - TR100563		MC			C		C		C
Turkey Hot Dog on a Bun - TR100222							C		C
Turkey Pot Roast w/ Biscuit - TR100237									
Maple Blueberry Waffles - TR100333		C			C		C		C
Yogurt & Gripz - TR100260					C				
Yogurt - TR100186					C				
Yogurt & Gripz - TR100266					C				
Yogurt - TR100184					C				

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Fruit									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Apple Juice - TR100044									
Fresh Apple - TR100003									
Apple Slices - TR100519									
Applesauce Cup - TR100046									
Banana - TR100040									
Banana - TR100039									
Cantaloupe - TR100014									
Craisins - TR100270									
Craisins - TR100271									
Frozen Juice Cup - TR100603									
Frozen Juice Cup - TR100080									
Frozen Juice Cup - TR100079									
Fruit Juice - TR100495									
Grapefruit - TR100341									
Grapes - TR100010									
Mandarin Oranges - TR100484									
Mixed Fruit - TR100474									
Mixed Fruit - TR100483									
Orange Juice - TR100121									
Orange - TR100016									
Orange - TR100340									
Peach Cup - TR100486									
Sliced Peaches - TR100480									
Pears w/ Kiwi - TR100227									
Pears w/ Strawberry - TR100228									

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Fruit									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Pears - TR100481									
Sliced Pears - TR100477									
Pineapple Tidbits - TR100475									
Raisins - TR100141									
Rips Frozen Juice - TR100350									
Strawberries - TR100017									
Strawberry Cup - TR100472									
Fruit Juice - TR100494									
Watermelon Chunks - TR100048									

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Grain									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Asian Rice (1 cup) 16-17 - TR100268					C		C		
Baked Tortilla Chips - TR100018									
Biscuit - TR100027					C		C		C
Breadstick, Whole Grain 5" 16-17 - TR100029							C		C
Breakfast Round - TR100032		C			C	P	C	P	C
Breakfast Wrap - TR100033		C			C		C		C
Brown Rice (1 cup) 16-17 - TR100201									
Strawberry Cereal Bar - TR100051		C			C				C
Apple Jacks Cereal - TR100038							MC		C
Cinnamon Toast Crunch Cereal - TR100389							C		C
Froot Loops Cereal - TR100056							C		C
Frosted Flakes Cereal - TR100054							C		C
Frosted Mini Wheats Cereal - TR100055									C
Cereal, Rice Chex Cinnamon 16-17 - TR100548									
Chocolate Chip Muffin - TR100068		C			C		C	P	C
Cinnamon Roll - TR100070					C		C		C
Croissant, WG 16-17 - TR100584		C			C		C		C
Reduced Fat Doritos - TR100440					C		C		
Fiesta Rice (1/2 cup) - TR100359									
Garlic Toast - TR100086					C		C		C
Goldfish Crackers - TR100251					C		C		C
Graham Cinnamon Squares - TR100088							C		C
Granola Bar - TR100089					C	C	C	C	C
Heartzels Pretzels 16-17 - TR100492									C
Macaroni & Cheese - TR100379		C			C				C

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Grain									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Mini French Toast - TR100108		C			C		C		C
Mini Strawberry Pancakes - TR100128		C			C				C
Muffin Top (offered w/ String Cheese) - TR100554		C			C		C		C
Muffin Top - TR100115		C			C		C		C
Blueberry Muffin - TR100116		C					C		C
Orange Muffin - TR100118		C			C		C		C
Nested Yakisoba Noodle 16-17 - TR100530		C					C		C
Pancake & Sausage Stick - TR100126		C					C		C
Cinnamon Poptart - TR100138							C		C
Mini Pretzel - TR100140									C
Rice Krispies Chewy Apple Cinnamon Bar - TR100145					C		C		
Roll, 1 ounce 16-17 - TR100182		MC			MC		MC		C
Roll - TR100183		MC			MC		MC		C
Sausage Biscuit - TR100148					C		C		C
SD - Baked Tostitos - TR100594									
String Cheese - TR100160					C				
Tortilla - TR100174							C		C

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Meat/MA									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Turkey Topping - TR100583									
Broccoli w/ Cheese Sauce (for Baked Potato) - TR100609					C		C		
Chili Meat Sauce (2.5oz) (BYO) 16-17 - TR100585							C		C
Jalapeno Cheese Sauce (TJH only) - TR100605					C		C		

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Milk									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Chocolate Fat Free Milk - TR100041					C				
Strawberry Fat Free Milk - TR100042					C				
Unflavored 1% Milk - TR100513					C				
Rice Milk - TR100437									
SD-Soy Milk, 8oz 16-17 - TR100156							C		

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Other									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
BBQ Sauce - TR100390									
Catsup - TR100037									
Lite Ceasar Dressing - TR100035			P		C		C		
Brown Gravy - TR100218		P			C		P		C
White Gravy - TR100219		P			C		C		C
Green Onion - TR100608									
Honey Mustard Dressing - TR100097		C					C		
Hot Sauce - TR100245									
Italian Dressing - TR100098									
Jalapenos - TR100100									
Grape Jelly - TR100090									
Fruit Seasoning - TR100529									
Marinara Sauce - TR100103									
Mayonnaise - TR100104		C			C		C		
Mustard - TR100120									
Picante Sauce - TR100133									
Pickles - TR100135									
Pico de Gallo - TR100559									
Ranch Dressing - TR100142		C			C				
Lite Ranch Dressing - TR100393		C			C		C		
Salsa Verde - TR100560									
Shredded Lettuce (0.5oz) - TR100568									
Sliced Onion (0.5oz) - TR100570									
Sliced Tomato (0.5oz) - TR100569									
Sour Cream - TR100558					C				

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Other									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Sriracha Chili Sauce 16-17 - TR100574			C						
Sweet and Sour Sauce - TR100167							C		
Syrup - TR100170									
Tartar Sauce - TR100171		C			C				

Allergen Chart

Generated on: 5/1/2017

Serving Date: 5/1/2017 - 6/2/2017

Vegetable									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Au Gratin Potatoes - TR100199					C		C		
Baked Potato Soup - TR100566					C		C		C
Black Beans, Canned, Heated, Drained 16-17 - TR100557									
Broccoli w/ Cheese Sauce - TR100231		MC			C		MC		C
Steamed Broccoli - TR100200									
Broccoli Florets - TR100004									
Buffalo Sidewinder Fries - TR100591							C		C
Baby Carrots - TR100000									
Fresh Celery - TR100007									
Chili Beans - TR100473									
Corn - TR100073									
Creamy Tomato Soup - TR100604					C				
French Fries - TR100189							C		
Fresh Vegetable Mix - TR100343									
Green Beans - TR100479									
Green Beans - TR100489									
Jicama Sticks - TR100344									
Lettuce & Tomato Salad - TR100438									
Marinara Sauce - TR100520							C		
Mashed Potatoes - TR100493									
Mixed Vegetables - TR100249									
Peas - TR100132									
Peas and Carrots - TR100131									
Potato Smiles - TR100139							C		
Refried Beans - TR100373									

Allergen Chart

Generated on: 5/1/2017

C: Contains P: Processed in a facility that also processes MC: May contain

Serving Date: 5/1/2017 - 6/2/2017

Vegetable									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Spinach Salad - TR100234									
Spudbites - TR100159					C		C		C
Sweet Potato Fries - TR100169							C		
Taco Toppers - TR100240									
Tator Tots - TR100598							C		
Cherry Tomatoes - TR100020									
Tomatoes, cherry (chef salad) 16-17 - TR100023									
Tossed Salad - TR100241									
Vegetable Egg Roll - TR100179		C							C
Vegetarian Beans - TR100478									

Report Selections:

Report Option: Menu Items on Menus for a timeframe