

Menu Calendar Nutrient Analysis Report - June, 2017

Site: ALL
 Date: 06/01/2017 - 06/30/2017

Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
HS Breakfast Week 1.5 Friday 16-17 EOY - ServingDate: 06/01/2017																
Breakfast Muffin Sandwich - TR100397 (1 ea.)	220.00	9.00	3.00	0.00	30.00	660.00	26.00	2.00	2.00	13.00	1.08	200.00	100.00	0.00	(M)	(M)
Mini French Toast - TR100108 (1 ea.)	220.00	7.00	1.00	0.00	5.00	380.00	37.00	2.00	11.00	3.00	1.08	60.00	0.00	0.00	(M)	(M)
Strawberry Cereal Bar - TR100051 (1 ea.)	120.00	2.50	1.00	0.00	5.00	130.00	22.00	1.00	(M)	2.00	0.72	20.00	200.00	2.40	(M)	(M)
Apple Jacks Cereal - TR100038 (1 ea.)	111.38	1.01	0.51	0.00	0.00	162.00	24.30	3.04	8.10	2.02	3.65	0.00	405.00	12.15	(M)	(M)
Cinnamon Toast Crunch Cereal - TR100389 (1 ea.)	110.00	3.00	0.50	0.00	0.00	160.00	22.00	2.00	8.00	1.00	3.60	80.00	400.00	4.80	(M)	(M)
Froot Loops Cereal - TR100056 (1 ea.)	110.00	1.00	0.50	0.00	0.00	170.00	24.00	3.00	8.00	2.00	3.60	0.00	400.00	12.00	(M)	(M)
Frosted Flakes Cereal - TR100054 (1 ea.)	100.00	0.00	0.00	0.00	0.00	160.00	24.00	2.00	7.00	2.00	8.10	0.00	750.00	21.00	(M)	(M)
Frosted Mini Wheats Cereal - TR100055 (1 ea.)	100.00	0.00	0.00	0.00	0.00	0.00	24.00	3.00	6.00	3.00	7.20	0.00	0.00	0.00	(M)	(M)
Cinnamon Rice Chex - TR100548 (1 ea.)	101.74	0.00	0.00	0.00	0.00	247.09	23.26	1.45	2.91	1.45	7.85	8.72	436.05	0.00	(M)	(M)
Apple Juice - TR100044 (1 ea.)	60.00	0.00	0.00	0.00	15.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Orange Juice - TR100121 (1 ea.)	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	1.00	(M)	(M)	(M)	70.00	(M)	(M)
Raisins - TR100141 (1 ea.)	138.21	0.00	0.00	0.00	0.00	10.63	32.96	2.13	30.83	1.06	0.80	21.26	0.00	0.98	(M)	(M)
Chocolate Fat Free Milk - TR100041 (1 ea.)	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Fat Free Milk - TR100042 (1 ea.)	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Unflavored 1% Milk - TR100513 (1 ea.)	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)
Grape Jelly - TR100090 (1 ea.)	35.00	0.00	0.00	0.00	0.00	10.00	9.00	0.00	7.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Picante Sauce - TR100133 (1 ea.)	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	100.00	1.20	(M)	(M)
Syrup - TR100170 (1 ea.)	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)