

Menu Calendar Nutrient Analysis Report - June, 2017

Generated on: 5/31/2017

Site: ALL
Date: 06/01/2017 - 06/30/2017

Item Name (Serving Size)	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
PK, K-5, Elem Breakfast Week 1.5 Friday 16-17 EOY - ServingDate: 06/01/2017																
Mini Bagels w/ Strawberry Cream Cheese - TR100497 (1 ea.)	230.00	6.00	2.50	0.00	10.00	180.00	41.00	2.00	13.00	6.00	1.08	20.00	100.00	0.00	(M)	(M)
Cinnamon Toast Crunch Cereal - TR100389 (1 ea.)	110.00	3.00	0.50	0.00	0.00	160.00	22.00	2.00	8.00	1.00	3.60	80.00	400.00	4.80	(M)	(M)
Froot Loops Cereal - TR100056 (1 ea.)	110.00	1.00	0.50	0.00	0.00	170.00	24.00	3.00	8.00	2.00	3.60	0.00	400.00	12.00	(M)	(M)
Frosted Flakes Cereal - TR100054 (1 ea.)	100.00	0.00	0.00	0.00	0.00	160.00	24.00	2.00	7.00	2.00	8.10	0.00	750.00	21.00	(M)	(M)
Cinnamon Rice Chex - TR100548 (1 ea.)	101.74	0.00	0.00	0.00	0.00	247.09	23.26	1.45	2.91	1.45	7.85	8.72	436.05	0.00	(M)	(M)
Cinnamon Poptart - TR100138 (1 ea.)	180.00	3.00	1.00	0.00	0.00	190.00	37.00	3.00	(M)	2.00	1.80	100.00	500.00	0.00	(M)	(M)
Apple Juice - TR100044 (1 ea.)	60.00	0.00	0.00	0.00	15.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Orange Juice - TR100121 (1 ea.)	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	1.00	(M)	(M)	(M)	70.00	(M)	(M)
Raisins - TR100141 (1 ea.)	138.21	0.00	0.00	0.00	0.00	10.63	32.96	2.13	30.83	1.06	0.80	21.26	0.00	0.98	(M)	(M)
Chocolate Fat Free Milk - TR100041 (1 ea.)	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Strawberry Fat Free Milk - TR100042 (1 ea.)	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Unflavored 1% Milk - TR100513 (1 ea.)	110.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)

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